Resultatliste

Tour de Frøya 2011

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Plass	Navn	Klubb	Mellomtid		Tid	Etter
Racer Menn						
1	Mats Skottvoll	Heimdal	30:32,4	32:38,2	**1:03:10,6**	
2	Hugo Strand	Rana Sykkelklubb	30:32,1	32:45,6	**1:03:17,7**	00:07,1
3	Christoffer Bremvåg	Team O2	30:47,6	34:26,2	**1:05:13,8**	02:03,2
4	Thomas Asphaug	Gauldal SK	30:49,1	34:25,1	**1:05:14,2**	02:03,6
5	Espen Andreas Blomlie	Team NITRO-Epocera	30:46,8	34:28,0	**1:05:14,8**	02:04,2
6	Stig Rune Oddli	Orkla CK	30:48,2	34:26,8	**1:05:15,0**	02:04,4
7	Alf Grøtte	TVK	30:47,4	34:27,9	**1:05:15,3**	02:04,7
8	Robert Aaring	CK Victoria	30:49,0	34:28,0	**1:05:17,0**	02:06,4
9	Morten Spakmo	CK Victoria	30:49,1	34:28,3	**1:05:17,4**	02:06,8
10	Lars Lian	Lerøy Midnor AS	30:48,9	34:28,6	**1:05:17,5**	02:06,9
11	Jan Erlend Andersen	Elkem Thamshavn	30:48,6	34:29,0	**1:05:17,6**	02:07,0
12	Olaf Lurvik	Ranheim Skiklubb	30:49,4	34:28,3	**1:05:17,7**	02:07,1
13	Rune Blåsmo	Orkla CK	30:48,3	34:29,7	**1:05:18,0**	02:07,4
14	Jo-Inge Sandvik	Orkla CK	30:49,3	34:28,9	**1:05:18,2**	02:07,6
15	Rolf Atle Haarsaker	Entercard Norge AS	30:49,5	34:28,8	**1:05:18,3**	02:07,7
16	Kåre Sletta	CK Victoria	30:47,1	34:31,6	**1:05:18,7**	02:08,1
17	Ketil Hagen	Ck Victoria-Pilot Utleie	30:48,8	34:30,3	**1:05:19,1**	02:08,5
18	Anders Oddli	Orkla CK	30:48,1	34:31,1	**1:05:19,2**	02:08,6
19	Pål Erik Krangsås	Orkla CK	30:47,9	34:31,6	**1:05:19,5**	02:08,9
20	Sturla Johansen	CK Victoria	30:50,1	34:29,4	**1:05:19,5**	02:08,9
21	Svein Johnsen	Gauldal SK	30:50,0	34:34,9	**1:05:24,9**	02:14,3
22	Bengt-Magnus Mathisen	Gauldal SK/Team O2	30:49,3	35:00,1	**1:05:49,4**	02:38,8
23	Tor-Erik Johnsen	CK Victoria	30:50,4	35:45,7	**1:06:36,1**	03:25,5
24	Thomas Romundstad	Orkla CK	30:49,7	35:47,6	**1:06:37,3**	03:26,7
25	Sveinung Haltbakk	Lerøy Midnor AS	30:50,5	35:47,7	**1:06:38,2**	03:27,6
26	Finn Arne Hoff	Nidaros sykkelklubb	30:49,9	35:49,4	**1:06:39,3**	03:28,7
27	Johan Sletta	Orkla CK	30:49,7	36:34,1	**1:07:23,8**	04:13,2
28	Kåre Rømuld	Lerøy Midnor AS	30:50,5	36:35,2	**1:07:25,7**	04:15,1
29	Rune Ytterdahl	PK Trykk	33:33,8	37:01,6	**1:10:35,4**	07:24,8
30	Terje Pettersen	Orkla CK	33:31,6	37:04,4	**1:10:36,0**	07:25,4
31	Lars Einar Berg	Wingvax AS	33:35,6	37:00,6	**1:10:36,2**	07:25,6
32	Tom Arntsen	Axel Bruun Sport	33:33,3	37:03,2	**1:10:36,5**	07:25,9
33	Kjetil Kroksæter	Orkla	33:33,6	37:03,0	**1:10:36,6**	07:26,0
34	Kolbjørn Jektvik	Marine Harvest Norway	33:32,7	37:04,6	**1:10:37,3**	07:26,7
35	Kaido Póder	Aqualine AS	33:32,2	37:05,2	**1:10:37,4**	07:26,8
36	Bjørn Berg	Wingvax AS	33:31,8	37:05,8	**1:10:37,6**	07:27,0
37	Rune Wolden	Sparebank1 SMN	33:31,1	37:06,9	**1:10:38,0**	07:27,4
38	Freddie Rømme	Orkla CK	33:32,2	37:06,0	**1:10:38,2**	07:27,6
39	Jan Rune Asbjørnslett	Wingvax AS	33:32,9	37:05,6	**1:10:38,5**	07:27,9
40	André Steinsvoll	Gauldal SK	33:34,2	37:04,4	**1:10:38,6**	07:28,0
41	Hallgeir Pettersen	Salmar	33:31,9	37:06,8	**1:10:38,7**	07:28,1
42	Odd Emil Ulvan	Marine Harvest Norway	33:34,0	37:04,8	**1:10:38,8**	07:28,2
43	Geir Mardahl	Orkla CK	33:34,5	37:04,3	**1:10:38,8**	07:28,2
44	Einar Nordsteien	Elkem Thamshavn BIL/	33:31,5	37:07,4	**1:10:38,9**	07:28,3
45	Gunnar Stavrum	CK Victoria	33:33,9	37:05,4	**1:10:39,3**	07:28,7
46	John Magnus Haugen	Stjørdals-Blink	30:50,3	39:49,0	**1:10:39,3**	07:28,7
47	Jan Krokdal	Hemne SK	33:30,8	37:08,7	**1:10:39,5**	07:28,9
48	Tobias Eid Løvås	Heimdal	33:32,3	37:07,2	**1:10:39,5**	07:28,9
49	Christian Bekken	BEWI	33:33,1	37:06,5	**1:10:39,6**	07:29,0
50	Per Arne Hanssen	TVK	33:31,5	37:08,3	**1:10:39,8**	07:29,2
51	Vidar Sollie	Gauldal SK	33:34,8	37:05,0	**1:10:39,8**	07:29,2
52	Nils Olav Volden	Orkla CK	30:50,3	39:49,6	**1:10:39,9**	07:29,3
53	Tor Ivar Solberg	Tyholt Ski og Sykkel	33:32,6	37:07,3	**1:10:39,9**	07:29,3
54	Halvard Wedø	TVK	32:21,1	38:18,9	**1:10:40,0**	07:29,4
55	Knut Jostein Brenne	Ekne IL	33:33,7	37:06,4	**1:10:40,1**	07:29,5
56	Jørgen Øverli	Team Fat Hippo Elite	33:30,9	37:09,4	**1:10:40,3**	07:29,7
57	Johnny Bergsmyr	Orkla CK	33:34,7	37:06,9	**1:10:41,6**	07:31,0

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Plass	Navn	Klubb	Mellomtid		Tid	Etter
Racer Menn						
58	Pål Berntsen	Telenor	33:34,9	37:06,7	**1:10:41,6**	07:31,0
59	John Flatval	IL Norodd Sykkel	33:32,0	37:10,6	**1:10:42,6**	07:32,0
60	Arvid Nyborg	BEWI	30:50,1	39:58,0	**1:10:48,1**	07:37,5
61	Roar Paulsen	Lerøy Hydrotech AS	33:32,8	39:22,6	**1:12:55,4**	09:44,8
62	Arne-Evald Johansen	TVK	34:49,1	38:43,9	**1:13:33,0**	10:22,4
62	Odd Eirik Igland	Leinstrand IL	34:46,8	38:46,2	**1:13:33,0**	10:22,4
64	Ketil Johnsen	TVK/Frøya og Hitra	34:43,8	38:49,3	**1:13:33,1**	10:22,5
65	Hans Hansen	Tursyklister Trondheim	34:48,5	38:45,0	**1:13:33,5**	10:22,9
66	Knut Egil Kastås	Frøya og Hitra	34:46,1	38:47,7	**1:13:33,8**	10:23,2
67	Frode Arntsen	Lerøy Midnor AS	34:47,7	38:46,3	**1:13:34,0**	10:23,4
68	Eirik Mosbakk	Orkla CK	34:46,7	38:47,3	**1:13:34,0**	10:23,4
69	Magne Sandvik	Frøya og Hitra	34:48,0	38:46,0	**1:13:34,0**	10:23,4
70	Øystein Haugen	Sparebank1 SMN	34:48,9	38:45,5	**1:13:34,4**	10:23,8
71	Svein Tyrhaug	CK Krank1	34:44,4	38:50,0	**1:13:34,4**	10:23,8
72	Ronny Fossum	Svea Finans Nuf/TVK	34:44,8	38:49,6	**1:13:34,4**	10:23,8
73	Geir Johnsen	Marine Harvest Norway	34:46,1	38:48,4	**1:13:34,5**	10:23,9
74	Lewis Pennock	TVK	34:47,1	38:47,4	**1:13:34,5**	10:23,9
75	Kjell J. Mathisen	Tursyklistene	34:44,2	38:50,4	**1:13:34,6**	10:24,0
76	Alf Jostein Hakkebo	Aqualine AS	34:47,5	38:47,1	**1:13:34,6**	10:24,0
77	Kristoffer Formo	Sparebank1 SMN	34:45,3	38:49,4	**1:13:34,7**	10:24,1
78	Roger Bekken	Frøya og Hitra	34:45,3	38:49,4	**1:13:34,7**	10:24,1
79	Øystein Jæger Meland	CK Victoria	34:44,5	38:50,4	**1:13:34,9**	10:24,3
80	Olav Asle Abelsen	Trondheim	34:47,7	38:47,3	**1:13:35,0**	10:24,4
81	Morten Lasse Belsvik	Hemne SK	34:46,4	38:48,7	**1:13:35,1**	10:24,5
82	Frank Hugo Øien	Trønder Energi BIL	34:48,3	38:46,9	**1:13:35,2**	10:24,6
83	Geir Furberg	Aqualine AS	34:45,4	38:49,8	**1:13:35,2**	10:24,6
84	Kristoffer Darell Lurvik	Ranheim Skiklubb	34:44,5	38:50,8	**1:13:35,3**	10:24,7
85	Vegard Lundemo Ler	Flå I.L	34:50,4	38:44,9	**1:13:35,3**	10:24,7
86	Bård Inge Gråbak	Flå I.L	34:52,0	38:43,3	**1:13:35,3**	10:24,7
87	Roar Letnes	Marine Harvest Norway	34:49,8	38:45,6	**1:13:35,4**	10:24,8
88	Ola Harstad	Trondheim	34:51,9	38:43,6	**1:13:35,5**	10:24,9
89	Svend Didrichsen	Studio G Fotografene	34:50,9	38:44,6	**1:13:35,5**	10:24,9
90	Emil Herje	Marine Harvest Norway	34:46,3	38:49,2	**1:13:35,5**	10:24,9
90	Svein Gråbak	Lundamo IL	34:47,3	38:48,2	**1:13:35,5**	10:24,9
92	Kenneth Lervik	CK Ansnes	34:47,6	38:48,2	**1:13:35,8**	10:25,2
93	Tore Ramstad	Sparebank1 SMN	34:46,5	38:49,3	**1:13:35,8**	10:25,2
94	Svein Rausand	Lerøy Hydrotech AS	34:45,7	38:50,2	**1:13:35,9**	10:25,3
95	Rikard Ohren	Hemne SK	34:46,2	38:49,8	**1:13:36,0**	10:25,4
96	Nils Løkken	Flå IL	34:44,7	38:51,5	**1:13:36,2**	10:25,6
97	Roger Athammer	Marine Harvest Norway	34:53,4	38:42,9	**1:13:36,3**	10:25,7
98	Kjell Enoksen	CK Victoria	34:48,7	38:47,6	**1:13:36,3**	10:25,7
99	Per Arve Ekle	Heimdal	34:50,4	38:45,9	**1:13:36,3**	10:25,7
100	Rune Midtsian	Team Rosinbakken	34:45,0	38:51,7	**1:13:36,7**	10:26,1
101	Håvard Eidnes	Tursyklistene	34:49,4	38:47,4	**1:13:36,8**	10:26,2
102	Frederico Wigdal	CK Victoria	34:49,0	38:47,9	**1:13:36,9**	10:26,3
103	Trond Skottvoll	Heimdal	34:46,9	38:50,1	**1:13:37,0**	10:26,4
104	Kjell Innset	Tursyklistene Trondheim	34:43,5	38:53,6	**1:13:37,1**	10:26,5
105	Svein Johan Tøften	Elektro Team	34:50,3	38:46,9	**1:13:37,2**	10:26,6
106	Roger Leistad	Sintef	34:47,8	38:49,4	**1:13:37,2**	10:26,6
107	Paul Meland	Team Eidsvaag Rederi	34:48,4	38:48,8	**1:13:37,2**	10:26,6
108	Harald Setsaas	Teodor Sykkelklubb	34:43,1	38:54,3	**1:13:37,4**	10:26,8
109	Jomar Aspås	Tursyklistene	34:49,4	38:48,2	**1:13:37,6**	10:27,0
110	Stian Rabben	SK Blodsmak	34:47,0	38:50,8	**1:13:37,8**	10:27,2
111	Are Kristian Walberg	Trondheim	34:50,2	38:47,8	**1:13:38,0**	10:27,4
112	Steinar Kvalvik	Lerøy Midnor AS	34:51,4	38:47,7	**1:13:39,1**	10:28,5
113	Håvard Flakne	Team Flakne	34:50,0	38:49,1	**1:13:39,1**	10:28,5
114	Eirik Athammer	Frøya og Hitra	34:52,4	38:47,3	**1:13:39,7**	10:29,1

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Plass	Navn	Klubb	Mellomtid		Tid	Etter
Racer Menn						
115	Geir Nesset	Trondhjems Skøiteklub	34:51,6	38:48,4	**1:13:40,0**	10:29,4
116	Arild Hjelmen	Sparebank1 SMN	34:49,9	38:51,6	**1:13:41,5**	10:30,9
117	Kjell Hanssen	Frøya og Hitra	34:49,1	38:52,8	**1:13:41,9**	10:31,3
118	Stein Arvid Leinum	TrønderEnergi	34:46,1	38:56,4	**1:13:42,5**	10:31,9
119	Arnold Andreas Jobotn	CK Ansnes	34:45,5	38:58,2	**1:13:43,7**	10:33,1
120	Stian Spakmo	HTC Columbia	34:45,2	38:59,3	**1:13:44,5**	10:33,9
121	Bengt Erling Berg	Friskgården	34:45,8	39:00,9	**1:13:46,7**	10:36,1
122	Karstein Ekle	Visma	34:48,0	38:59,8	**1:13:47,8**	10:37,2
123	Øivind Bugge	Sparebank1 SMN	34:52,5	39:09,9	**1:14:02,4**	10:51,8
124	Erlend Aune Bøhmer	Bosberg	34:50,5	39:16,5	**1:14:07,0**	10:56,4
125	Jøran Vatn	Orkla CK	34:49,2	39:30,7	**1:14:19,9**	11:09,3
126	Frode Harsvik	Orkla CK	34:43,4	41:23,9	**1:16:07,3**	12:56,7
127	Aksel Eid	NOTEAM	34:43,9	42:13,5	**1:16:57,4**	13:46,8
128	Frode Asphaug	Gauldal SK	34:46,5	42:18,8	**1:17:05,3**	13:54,7
129	Lars Johansen	Trondheim	37:40,3	40:57,2	**1:18:37,5**	15:26,9
130	Jon Harry Mellemsæther	Hitra	37:13,6	41:34,4	**1:18:48,0**	15:37,4
131	kjell samskott	Orkla CK	37:14,8	41:33,6	**1:18:48,4**	15:37,8
132	Håvard Kvalvik	Spillum	37:15,6	41:32,8	**1:18:48,4**	15:37,8
133	Jonas Fillan	Utleira IL	37:11,0	41:37,6	**1:18:48,6**	15:38,0
134	Karl Erik Bekken	BEWI	37:11,5	41:37,3	**1:18:48,8**	15:38,2
135	Georg Rabben	Salmar	37:11,4	41:37,5	**1:18:48,9**	15:38,3
136	Asbjørn Ervik	Frøya og Hitra	35:48,7	43:00,9	**1:18:49,6**	15:39,0
137	Runar Hoff Skaråsen	Nidaros sykkelklubb	37:12,9	41:36,9	**1:18:49,8**	15:39,2
138	Terje Olsen	Marine Harvest Norway	37:14,0	41:35,9	**1:18:49,9**	15:39,3
139	Håvard Kjeldstad	Flisekompaniet	37:39,2	41:10,9	**1:18:50,1**	15:39,5
140	Robert Albriktsen	Frøya og Hitra	37:13,8	41:36,7	**1:18:50,5**	15:39,9
141	Dag L. Halvorsen	Trondheim	37:41,3	41:09,3	**1:18:50,6**	15:40,0
142	Trygve Moldjord	Hemne SK	35:47,8	43:03,1	**1:18:50,9**	15:40,3
143	Lasse Østby Fornes	Trondheim	37:14,9	41:36,0	**1:18:50,9**	15:40,3
144	Ronald Fillan	Utleira IL	37:14,4	41:38,0	**1:18:52,4**	15:41,8
145	Ingemar Tømmerås	Tanem	37:40,9	42:27,4	**1:20:08,3**	16:57,7
146	André Krokum	Klæbu	37:40,4	42:28,0	**1:20:08,4**	16:57,8
147	Bård Fjeldavli	CK Victoria	37:00,1	43:23,6	**1:20:23,7**	17:13,1
148	Pål Bakken	SES	37:39,7	43:12,7	**1:20:52,4**	17:41,8
149	Idar Mjønestrø	Marine Harvest Norway	36:58,6	43:54,1	**1:20:52,7**	17:42,1
150	Knut Måsøval	Salmar	37:38,4	43:14,5	**1:20:52,9**	17:42,3
151	Frederick Kihle	Studio G Fotografene	37:12,6	43:40,4	**1:20:53,0**	17:42,4
152	Jann William Bremnes	Frøya og Hitra	1:21:28,0		**1:21:28,0**	18:17,4
153	Arne Hammervold	Frøya og Hitra	1:21:29,0		**1:21:29,0**	18:18,4
154	Arild Fossmo	Salmar	39:36,5	42:00,2	**1:21:36,7**	18:26,1
155	Torbjørn Fjærli	Trondheim	37:39,0	44:27,4	**1:22:06,4**	18:55,8
156	Per Johan Johansen	Eidsvaag AS	38:47,5	43:21,3	**1:22:08,8**	18:58,2
157	Sigbjørn Egil Næss	Vinjes	40:57,0	41:18,9	**1:22:15,9**	19:05,3
158	Kristian Udseth	Innsia racing	38:55,0	43:43,3	**1:22:38,3**	19:27,7
159	Even Dale Røttereng	Atea AS	41:01,0	41:41,5	**1:22:42,5**	19:31,9
160	Per Bjørnar Rødde	NOTEAM	40:57,4	41:48,2	**1:22:45,6**	19:35,0
161	Ken Morten Thorsen	Atea AS	40:57,8	41:48,0	**1:22:45,8**	19:35,2
162	Tore Mellemsæther	Hestvika	39:36,3	43:39,1	**1:23:15,4**	20:04,8
163	Torgeir Herje Bergrem	Klæbu IL	30:49,8	53:23,8	**1:24:13,6**	21:03,0
164	Brage Herje Bergrem	Klæbu IL	30:49,3	53:24,4	**1:24:13,7**	21:03,1
165	Helge Endresen	Lerøy Hydrotech AS	41:00,8	45:51,8	**1:26:52,6**	23:42,0
166	Anton Fjeldvær	Ansnes	41:00,1	45:53,9	**1:26:54,0**	23:43,4
167	Lars Rønning	Atea AS	41:10,8	46:14,4	**1:27:25,2**	24:14,6
168	Morten Hoøy	NOTEAM	40:59,6	47:04,5	**1:28:04,1**	24:53,5
169	Magnus Berdal	Ytre Snillfjord Idrettslag	38:09,9	50:28,4	**1:28:38,3**	25:27,7
170	Roger Hagestuen	Atea AS	41:28,4	47:10,1	**1:28:38,5**	25:27,9
171	Geir Arne Leinum	Sparebank1 SMN	42:23,0	46:21,1	**1:28:44,1**	25:33,5

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Racer Menn						
172	Espen Askim	Trondheim	42:00,9	47:20,3	**1:29:21,2**	26:10,6
173	Fritz Nordmo	Lerøy Midnor AS	41:29,4	48:00,2	**1:29:29,6**	26:19,0
174	Torkel Sørhus	BEWI	41:11,6	49:39,7	**1:30:51,3**	27:40,7
175	Marius Opdal	Team O2	30:46,7	1:00:09,8	**1:30:56,5**	27:45,9
176	Christian Adelsten Tangvik	Team O2 Aiming Higher	30:49,7	1:00:07,2	**1:30:56,9**	27:46,3
177	Geir Lian	Orkla CK /YIT	30:48,4	1:00:37,7	**1:31:26,1**	28:15,5
178	Marius Nilsen	Atea AS	42:04,2	49:42,0	**1:31:46,2**	28:35,6
179	Ola-Bjarne Kynø	Team HTH	43:19,7	48:30,5	**1:31:50,2**	28:39,6
180	Stig-Nidar Selvåg	Lerøy Midnor AS	44:00,3	47:51,7	**1:31:52,0**	28:41,4
181	Karl Olav Berg	Kverva	43:38,8	48:59,6	**1:32:38,4**	29:27,8
182	Hallgeir Bremnes	Frøya Kommune	44:40,1	49:19,1	**1:33:59,2**	30:48,6
183	Odd Rune Øien	Rørleggerteam AS	44:02,2	53:26,3	**1:37:28,5**	34:17,9
184	Atle Reitaas	Atea AS	46:12,9	54:28,5	**1:40:41,4**	37:30,8
185	Petter Kjelsberg	Gauldal SK	57:54,5	43:10,0	**1:41:04,5**	37:53,9
186	Aksel Sandstad	Sandstad SKL	48:37,0	1:05:50,1	**1:54:27,1**	51:16,5
187	Frode Støre Bergrem	Klæbu IL	1:02:28,9	53:30,8	**1:55:59,7**	52:49,1
DNF	Rune Johansen	Ceni AS	30:48,6			
DNF	Ole Jonny Søreng	Hemne SK				
DNF	Gisle Lian Olsen	Studio G Fotografene				
DNF	Kent Roger Tangvik	Team O2 Aiming Higher	30:50,0	1:57:46,6	**2:28:36,6**	
DNF	Jan Erik Kvingedal	BEWI	2:48:11,4		**2:48:11,4**	
Antall	192	Påmeldte: 205		Startende: 198		
Racer Kvinner						
1	Cecilie Gotaas Johnsen	CK Victoria	35:14,6	38:39,5	**1:13:54,1**	
2	Ingrid Lorvik	Gauldal SK/Team O2	35:14,4	38:40,5	**1:13:54,9**	00:00,8
3	Kaisa Ramberg	TVK	35:15,2	38:42,2	**1:13:57,4**	00:03,3
4	Trine Oddli	Orkla CK	36:54,8	41:24,7	**1:18:19,5**	04:25,4
5	Heidi Iren Jørgensen Krokdal	Hemne SK	36:53,9	41:26,3	**1:18:20,2**	04:26,1
6	Harriet Hestad	Nidaros SK	36:54,1	41:26,3	**1:18:20,4**	04:26,3
7	Heidi Larssen	Frøya og Hitra	36:54,3	41:26,3	**1:18:20,6**	04:26,5
8	Mona Krokstad	Orkla CK	39:00,3	40:09,1	**1:19:09,4**	05:15,3
9	Sidsel Nyland	TrønderEnergi	37:54,9	41:17,4	**1:19:12,3**	05:18,2
10	Cathrine C. Mediaas	Trondheim Triatlonklubb	37:56,2	41:16,1	**1:19:12,3**	05:18,2
11	Marte Berg	Krokstadøra IL	37:55,8	41:25,1	**1:19:20,9**	05:26,8
12	Margit Herje Bergrem	Klæbu IL	39:00,6	40:21,1	**1:19:21,7**	05:27,6
13	Marit Størset	TVK	37:54,8	41:59,0	**1:19:53,8**	05:59,7
14	Jorunn Hege Helbostad	Tursyklistene	37:55,5	42:11,6	**1:20:07,1**	06:13,0
15	Heidi Skarsem Tangvik	Team O2 Aiming Higher	37:56,6	43:12,8	**1:21:09,4**	07:15,3
16	Grete Vullum	Jonsvatnet IL	39:24,9	45:25,1	**1:24:50,0**	10:55,9
17	Gørill Skatvold	Tyholt Ski og Sykkel	39:26,0	45:39,1	**1:25:05,1**	11:11,0
18	Johanna Grøntvedt Athammer	Frøya og Hitra	40:37,4	44:38,9	**1:25:16,3**	11:22,2
19	Liv S Storli	Støren Sykkelklubb	40:35,1	44:51,5	**1:25:26,6**	11:32,5
20	Margit Blomlie	Byåsen vgs.BIL	40:37,1	45:39,0	**1:26:16,1**	12:22,0
21	Ingunn Yttersian	CK Victoria	40:37,6	45:41,0	**1:26:18,6**	12:24,5
22	Janne Ustad	Team Blond Babes	42:19,2	46:30,8	**1:28:50,0**	14:55,9
23	Anne Nystuen	Trondheim	42:22,5	47:42,3	**1:30:04,8**	16:10,7
24	Marte Kristin Sandvik	Fjellværøy IL	42:21,9	48:07,0	**1:30:28,9**	16:34,8
25	Helene Myhre	MOT	42:21,8	48:09,0	**1:30:30,8**	16:36,7
26	Ane Marlene Myhre	Trondheim	42:20,6	48:10,2	**1:30:30,8**	16:36,7
27	Solgunn Korsnes Ohren	Hemne SK	43:00,6	47:50,4	**1:30:51,0**	16:56,9
28	Anita Vollan Belsvik	Hemne SK	43:01,2	52:38,3	**1:35:39,5**	21:45,4
29	Hanne Opphaug	Orkdal IL	43:27,7	55:09,1	**1:38:36,8**	24:42,7
30	Christine Ven	Hemne SK	46:12,5	52:24,9	**1:38:37,4**	24:43,3
31	Ailin Hennie Olsen	St. Olavs Hospital	47:37,8	51:55,1	**1:39:32,9**	25:38,8
32	Elena Jak-Hovde	Tursyklistene	1:04:28,8	1:08:37,6	**2:13:06,4**	59:12,3
Antall	32	Påmeldte: 34		Startende: 32		

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Offroad Menn

Plass	Navn	Klubb	Mellomtid		Tid	Etter
1	Bjarne Valås	CK Krank1	36:18,0	39:46,7	**1:16:04,7**	
2	Trond Erik Wold	Nidaros sykkelklubb	36:17,0	39:47,9	**1:16:04,9**	00:00,2
3	Bjarne Lien	Trondheim Kommune	36:17,5	39:48,0	**1:16:05,5**	00:00,8
4	Thomas Johnsen	Team Velux Isola Sødra	36:18,2	39:47,8	**1:16:06,0**	00:01,3
5	Eilif Leknes	CK NOR / DI Systemer	36:18,6	39:47,6	**1:16:06,2**	00:01,5
6	Rune Johnsen	Statoil Stjørdal BIL	36:21,8	39:44,6	**1:16:06,4**	00:01,7
7	Benn Asgeir Båtvik	Team Norgeshus	36:20,7	39:45,7	**1:16:06,4**	00:01,7
8	Per Anton Vatten	Trollheimen SK	36:18,9	39:48,2	**1:16:07,1**	00:02,4
9	Lars Sigmund Løfsnæs	Teekay Petrojarl	36:22,1	39:45,5	**1:16:07,6**	00:02,9
10	Benny Wikdahl	Sparebank1 SMN	36:20,1	39:47,6	**1:16:07,7**	00:03,0
11	Robert Mæle	3T-Treningsenter	36:18,4	39:49,3	**1:16:07,7**	00:03,0
12	Børge Godhavn	SK Blodsmak	36:20,5	39:47,3	**1:16:07,8**	00:03,1
13	Roar Johansen	Svea Finans Nuf	36:22,6	39:45,8	**1:16:08,4**	00:03,7
14	Tommy Trøan	Jakobsli	36:23,1	39:45,3	**1:16:08,4**	00:03,7
15	Ketil Nypan	Velux Isola Sødra	36:19,3	39:49,3	**1:16:08,6**	00:03,9
16	Per Hårstad	Team Welux Isola	36:22,8	39:46,1	**1:16:08,9**	00:04,2
17	Erik Græe	Gauldal SK	36:22,7	39:46,3	**1:16:09,0**	00:04,3
18	Bjørn Olav Aamo	Vikhammer	36:21,2	39:48,2	**1:16:09,4**	00:04,7
19	Kurt Rønning	Lerøy Hydrotech AS	36:20,5	39:50,0	**1:16:10,5**	00:05,8
20	Åge Eide	Hitra	36:23,0	39:47,7	**1:16:10,7**	00:06,0
21	Alf Anton Hammerdal	NOTEAM	36:20,5	39:50,8	**1:16:11,3**	00:06,6
22	Brage Johansson	Velux Isola Sødra	36:21,1	39:50,3	**1:16:11,4**	00:06,7
23	Kjell Brujordet	Esso Norge	36:25,3	39:46,1	**1:16:11,4**	00:06,7
24	Roger Sundal	SK Blodsmak	36:20,4	39:51,3	**1:16:11,7**	00:07,0
25	Inge Høiseth	SK Blodsmak	36:20,0	39:51,9	**1:16:11,9**	00:07,2
26	Gisle Berg	Sparebank1 SMN	36:20,6	39:51,5	**1:16:12,1**	00:07,4
27	Gaute Moen	Trollheimen Sykkelklubb	36:25,8	39:46,7	**1:16:12,5**	00:07,8
28	Kjetil Dyrstad	Malvik IL / Nordea	36:16,7	39:55,8	**1:16:12,5**	00:07,8
29	Jon Storholt	Trondheim	36:21,4	39:51,8	**1:16:13,2**	00:08,5
30	Svein Oluf Øren	Salmar	36:19,6	39:53,9	**1:16:13,5**	00:08,8
31	Dan Kronborg	SpareBank1 SMN/ACK	36:25,5	39:50,0	**1:16:15,5**	00:10,8
32	Jan Strand	Trondheim	36:19,1	39:57,1	**1:16:16,2**	00:11,5
33	Geir Erling Nilsberg	Hitra legekontor	36:17,8	39:58,4	**1:16:16,2**	00:11,5
34	Geir Aas	Sparebank1 SMN	36:20,8	39:58,2	**1:16:19,0**	00:14,3
35	Kristian N. Megård	Trollheimen Sykkelklubb	36:20,3	40:15,0	**1:16:35,3**	00:30,6
36	Fredrik Ludvigsen	Cembrit Velux Isola	36:21,0	40:44,1	**1:17:05,1**	01:00,4
37	Tom Stavø	Nidaros sykkelklubb	36:24,2	41:49,3	**1:18:13,5**	02:08,8
38	Frank Børø	Ranheim	36:24,1	42:33,5	**1:18:57,6**	02:52,9
39	Geir Anders Helbostad	Tursyklistene	36:20,0	43:26,4	**1:19:46,4**	03:41,7
40	Jan Helge Hongslo	Atea AS	36:24,8	44:26,6	**1:20:51,4**	04:46,7
41	Håkon Isdahl	Garten	36:25,1	44:28,7	**1:20:53,8**	04:49,1
42	Tore Brenne	Ekne IL	36:24,8	45:39,6	**1:22:04,4**	05:59,7
43	Espen Vold	Team Velux Isola Sødra	37:38,2	44:37,3	**1:22:15,5**	06:10,8
44	Oskar Eiriksson	Nidaros sykkelklubb	37:07,6	45:08,2	**1:22:15,8**	06:11,1
45	Magnar Bogen	Team Welux Isola	37:37,9	44:41,5	**1:22:19,4**	06:14,7
46	Vidar Myhre	Marine Harvest Norway	38:12,8	44:32,1	**1:22:44,9**	06:40,2
47	Hans Erik Olufsen	NOTEAM	37:07,5	45:38,4	**1:22:45,9**	06:41,2
48	Magne Reiten	Lerøy Hydrotech AS	38:13,2	44:32,8	**1:22:46,0**	06:41,3
49	Knut Tore Børø	Hestvika	38:13,8	45:01,0	**1:23:14,8**	07:10,1
50	Bjørn Slåen	Det norske BIL	38:16,1	45:37,2	**1:23:53,3**	07:48,6
51	Jan Aavik	Stokkankameratene	39:19,0	44:51,9	**1:24:10,9**	08:06,2
52	Pål Kristian Moe	Trondheim	38:49,4	46:14,9	**1:25:04,3**	08:59,6
53	Jens Aune	Bosberg	39:40,8	46:06,9	**1:25:47,7**	09:43,0
54	Stig-Ove Avset	Lerøy Hydrotech AS	38:13,5	47:38,6	**1:25:52,1**	09:47,4
55	John Arne Dybvaag	Team HKB	42:35,1	43:17,8	**1:25:52,9**	09:48,2
56	Joar Mediaas	Ranheim	39:18,7	46:34,9	**1:25:53,6**	09:48,9
57	Roar Wærnes	Gauldal SK	40:32,5	45:24,8	**1:25:57,3**	09:52,6

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Offroad Menn

Plass	Navn	Klubb	Mellomtid		Tid	Etter
58	Frank J. Hallberg	Team Velux Isola Sødra	40:33,5	45:25,2	**1:25:58,7**	09:54,0
59	Remo Sandvik	Frøya IL	40:34,7	46:01,5	**1:26:36,2**	10:31,5
60	Kurt Sandseter	Malm	39:40,4	46:57,5	**1:26:37,9**	10:33,2
61	Anders Oskar Bråthen	Svea Finans	37:38,5	49:24,0	**1:27:02,5**	10:57,8
62	Svein Gunnar Arntzen	Gauldal SK	42:13,5	44:49,9	**1:27:03,4**	10:58,7
63	Knut Grønvik	Ranheim Skiklubb	42:34,8	44:28,9	**1:27:03,7**	10:59,0
64	André Jensen	Stokkankameratene	41:13,5	46:11,4	**1:27:24,9**	11:20,2
65	Geir Charles Hansen	Nortura	42:10,8	45:38,4	**1:27:49,2**	11:44,5
66	Leif Gundersen	IL Sverre	40:34,1	47:20,1	**1:27:54,2**	11:49,5
67	Lars Inge Sørlie	Team Fagtak	44:41,6	44:53,1	**1:29:34,7**	13:30,0
68	Johnny Traasdahl	BEWI	41:39,7	48:15,1	**1:29:54,8**	13:50,1
69	Vidar Gundersen	Trondheim	42:36,6	47:59,5	**1:30:36,1**	14:31,4
70	Dagfinn Herskedal	PIL Sør-Trøndelag	42:18,9	49:10,0	**1:31:28,9**	15:24,2
71	Gunnar Christoffer Lossius	Frøya og Hitra	36:23,4	55:05,7	**1:31:29,1**	15:24,4
72	Gøran Rogne	Lerøy Hydrotech AS	42:35,1	49:24,9	**1:32:00,0**	15:55,3
73	Snorre Jensen	Enable Offroad Team	42:34,8	49:25,5	**1:32:00,3**	15:55,6
74	Halvor Celius	Byåsen IL	40:45,8	51:54,8	**1:32:40,6**	16:35,9
75	Kai Arild Normanseth	Team Otra	44:04,4	50:27,6	**1:34:32,0**	18:27,3
76	Mads Hetle	DnBNOR Sport	47:09,6	47:23,2	**1:34:32,8**	18:28,1
77	Narve Auset	Trondheim	44:28,9	50:27,3	**1:34:56,2**	18:51,5
78	Pål Venås	Flatåsen	43:55,1	51:42,2	**1:35:37,3**	19:32,6
79	Johnny Vollan	Team Fagtak	44:49,1	51:47,8	**1:36:36,9**	20:32,2
80	Trond Lysklætt	Aqualine AS	44:53,7	51:52,6	**1:36:46,3**	20:41,6
81	Roar Andersen	Andersen Truck	44:52,6	52:37,5	**1:37:30,1**	21:25,4
82	Kristian Cato Haugen	Lerøy Midnor AS	47:28,3	50:03,4	**1:37:31,7**	21:27,0
83	Jan-Erik Aadahl	Team Velux Isola Sødra	45:14,3	52:31,6	**1:37:45,9**	21:41,2
84	Geir Gustad	Heimdal	46:44,8	54:52,2	**1:41:37,0**	25:32,3
85	Kenneth Røstad	Flatåsen	47:33,0	54:24,1	**1:41:57,1**	25:52,4
86	Per Arne Kjelsberg	IL Leik	52:39,0	50:05,2	**1:42:44,2**	26:39,5
87	Hans Olav Setsaas	Vikhammer	47:16,6	56:22,7	**1:43:39,3**	27:34,6
88	Erling Sivertsen	Aqualine AS	47:57,0	55:58,7	**1:43:55,7**	27:51,0
89	Erik Bårdseng	Aqualine AS	47:30,5	1:00:31,4	**1:48:01,9**	31:57,2
90	Ronny Bergvik	Team Eidsvaag Rederi	49:16,2	1:03:44,2	**1:53:00,4**	36:55,7
91	Erlend Rotås	Studio G Fotografene	50:35,4	1:02:31,7	**1:53:07,1**	37:02,4
92	Roger Bremvåg	Trondheim	54:07,5	1:02:13,5	**1:56:21,0**	40:16,3
93	Ketil Larsen	Team Eidsvaag Rederi	55:47,5	1:18:24,6	**2:14:12,1**	58:07,4

Antall 93 Påmeldte: 99 Startende: 94

Offroad Kvinner

1	Ingeborg Kvålsvoll	Gauldal SK	39:13,0	40:02,5	**1:19:15,5**	
2	Vibeke Wintervoll	TVK	39:13,2	40:58,8	**1:20:12,0**	00:56,5
3	Marit Moe	Trondheim	39:14,2	43:43,1	**1:22:57,3**	03:41,8
4	Kristin Moslet	St. Olavs Hospital	41:37,3	45:59,9	**1:27:37,2**	08:21,7
5	Sonja Nyhus	FOKUS	44:27,4	48:04,6	**1:32:32,0**	13:16,5
6	Randi Berit Nyhus Hoff	Lillehammer Skiklub	44:27,9	48:08,5	**1:32:36,4**	13:20,9
7	Hilde Haugnes	Fabula Eiendom	44:26,8	48:14,6	**1:32:41,4**	13:25,9
8	Vibeke Nossum	COWI BIL/Gauldal SK	44:19,9	48:24,4	**1:32:44,3**	13:28,8
9	Greta Bugten	Nidaros sykkelklubb	44:26,7	48:39,5	**1:33:06,2**	13:50,7
10	Gøril Ervik	Adresseavisen	44:26,1	49:13,2	**1:33:39,3**	14:23,8
11	Helene Fossum	TVK	44:25,6	49:13,8	**1:33:39,4**	14:23,9
12	Marte Lund	Buvika	44:13,5	51:34,7	**1:35:48,2**	16:32,7
13	Lisbeth Hårstad	Statoil Stjørdal BIL	44:47,5	53:41,5	**1:38:29,0**	19:13,5
14	Kristin Leinum	Leinstrand IL	46:00,7	52:56,8	**1:38:57,5**	19:42,0
15	Grethe Rønningen	Entercard Norge AS	45:35,7	55:26,6	**1:41:02,3**	21:46,8
16	Ann Karin Vold Johnsen	Team Velux Isola Sødra	45:35,9	55:29,4	**1:41:05,3**	21:49,8
17	Trine Lenchow	Andersen Truck	47:15,7	55:51,4	**1:43:07,1**	23:51,6

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Offroad Kvinner

Plass	Navn	Klubb	Mellomtid		Tid	Etter
18	Tone Anita Setsaas	Vikhammer	47:17,0	56:22,5	**1:43:39,5**	24:24,0
19	Guri Gundersen	IL Sverre	49:15,5	54:36,9	**1:43:52,4**	24:36,9
20	Mari Midtsian	Fokus Bank	48:20,8	55:32,2	**1:43:53,0**	24:37,5
21	Gunn Haugdal	NOTEAM	48:50,2	55:03,0	**1:43:53,2**	24:37,7
22	Anna Maria Berglund	Trondheim	47:06,1	57:47,7	**1:44:53,8**	25:38,3
23	Hilde Sørdal Wean	Øya Helsehus	47:56,7	57:40,8	**1:45:37,5**	26:22,0
24	Mari-Ann Nergaard	Øya Helsehus	47:56,6	57:41,3	**1:45:37,9**	26:22,4
25	Tone larssen	Fjellværøy IL	48:47,2	1:01:31,3	**1:50:18,5**	31:03,0
26	Vivi-Ann Sørheim	Sparebank1 SMN	48:03,9	1:02:21,7	**1:50:25,6**	31:10,1
27	Lisa Lockert	BEWI	53:45,0	1:03:17,9	**1:57:02,9**	37:47,4
28	Tove Knutsen	BEWI	51:25,2	1:05:37,9	**1:57:03,1**	37:47,6

Antall 28 Påmeldte: 29 Startende: 28

Bedrift

1	Ståle Høyem	Suempol Norge AS	36:11,7	40:00,1	**1:16:11,8**	
2	Stein Gunnar Nilsen	ISS Facility Services AS	36:12,4	40:00,2	**1:16:12,6**	00:00,8
3	Steinar Nordæter	Elkem Thamshavn	36:12,1	40:00,9	**1:16:13,0**	00:01,2
4	Lars Grong Risan	HiST	36:12,8	40:00,5	**1:16:13,3**	00:01,5
5	Pål Risan	HiST	36:13,7	40:00,1	**1:16:13,8**	00:02,0
6	Jonny Kristiansen	Elkem Thamshavn	36:12,4	40:01,5	**1:16:13,9**	00:02,1
7	Kjell Rune Langfoss	Reinertsen AS	36:13,6	40:01,2	**1:16:14,8**	00:03,0
8	Tore Loktu	Lerøy Midnor AS	36:12,9	40:58,2	**1:17:11,1**	00:59,3
9	Svein Ture Kristiansen	Reinertsen AS	36:14,1	42:45,2	**1:18:59,3**	02:47,5
10	Hallstein Klimpen	Sparebank1 SMN	38:23,3	41:22,7	**1:19:46,0**	03:34,2
11	Thomas Are Berg	Wingvax AS	38:22,7	41:24,3	**1:19:47,0**	03:35,2
12	Vidar Kvamstad	TKTK	38:23,4	41:23,8	**1:19:47,2**	03:35,4
13	Bård Dahl	Reinertsen AS	36:15,2	43:32,3	**1:19:47,5**	03:35,7
14	Dag Ove Johansen	TKTK	38:23,2	41:26,5	**1:19:49,7**	03:37,9
15	Merete Wist Hakvåg	TKTK	38:22,8	41:27,6	**1:19:50,4**	03:38,6
16	Brynjar Wingan	Wingvax AS	38:22,0	41:28,9	**1:19:50,9**	03:39,1
17	Gunnar Okstad	Team Okstad	38:23,8	41:28,8	**1:19:52,6**	03:40,8
18	Rune Løkken	MaxGym	37:31,7	43:15,2	**1:20:46,9**	04:35,1
19	Arild Mathisen	Marine Harvest Norway	38:24,6	42:23,1	**1:20:47,7**	04:35,9
20	Bjørn Ustad	Orkla CK/Aibel	38:28,0	42:22,9	**1:20:50,9**	04:39,1
21	Ståle Sæterbakk	Elkem Thamshavn	38:23,1	42:28,0	**1:20:51,1**	04:39,3
22	Ronny Tøften	Lerøy Midnor AS	39:34,1	44:14,6	**1:23:48,7**	07:36,9
23	Reidar Lian Olsen	Aalund	39:39,0	44:14,3	**1:23:53,3**	07:41,5
24	Geir Arntzen	Frøya Auto AS	39:38,3	44:27,2	**1:24:05,5**	07:53,7
25	Solveig Selvnes	Orkla Grafiske	40:00,5	44:15,4	**1:24:15,9**	08:04,1
26	Asgeir Johansen	Frøya videregående	39:38,6	44:38,2	**1:24:16,8**	08:05,0
27	Jan-Eilert Nilsen	Sparebank1 SMN	40:30,6	43:48,7	**1:24:19,3**	08:07,5
28	Terje Selvnes	Orkla Grafiske	40:17,8	44:04,5	**1:24:22,3**	08:10,5
29	Nils Gunnar Nilsen	Marine Harvest Norway	39:39,3	45:06,8	**1:24:46,1**	08:34,3
30	Inge Larsen	Strand Oppvekstsenter	39:37,8	45:27,6	**1:25:05,4**	08:53,6
31	John-Annar Johansen	Marine Harvest Norway	39:35,9	47:15,2	**1:26:51,1**	10:39,3
32	Kjell Stellander	TKTK	41:03,7	46:01,9	**1:27:05,6**	10:53,8
33	Helen Overaae	Team Overaae	39:37,9	47:40,0	**1:27:17,9**	11:06,1
34	Tor Even Dahl	SAP	38:41,3	48:36,8	**1:27:18,1**	11:06,3
35	Birger Overaae	Team Overaae	39:38,6	47:40,4	**1:27:19,0**	11:07,2
36	Thor Eivind Selnes	Elkem Thamshavn BIL	39:37,3	47:42,3	**1:27:19,6**	11:07,8
37	Jan Atle Sundli	Orkla CK	42:18,3	45:55,4	**1:28:13,7**	12:01,9
38	Christian Vatn	Sparebank1 SMN	42:01,7	46:24,5	**1:28:26,2**	12:14,4
39	Kristin Bjørnbeth	YIT	41:12,6	47:18,0	**1:28:30,6**	12:18,8
40	Lars Erik Hanssen	Frøya videregående	41:11,1	47:20,8	**1:28:31,9**	12:20,1
41	Gudbrand Gråbak	Aalund	41:11,6	47:22,0	**1:28:33,6**	12:21,8
42	Åsmund Almli	Elkem Thamshavn BIL	41:06,4	47:40,4	**1:28:46,8**	12:35,0

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Plass	Navn	Klubb	Mellomtid		Tid	Etter
Bedrift						
43	Erik Knutshaug	El-Konsult AS	42:26,9	47:01,4	**1:29:28,3**	13:16,5
44	Knut Utheim	Marine Harvest Norway	41:14,0	48:15,8	**1:29:29,8**	13:18,0
45	Trude Brustad	Salmar	42:37,3	47:43,3	**1:30:20,6**	14:08,8
46	Jan Morten Djupå	Wingvax AS	41:11,9	49:15,2	**1:30:27,1**	14:15,3
47	Bjørn Larsen	Sparebank1 SMN	42:18,2	48:49,3	**1:31:07,5**	14:55,7
48	Marcin Szpryngiel	Lerøy Midnor AS	42:41,0	48:27,8	**1:31:08,8**	14:57,0
49	Erik Gamlem	Næringsbygg AS	43:01,3	48:11,1	**1:31:12,4**	15:00,6
50	Sissel Sæther	Adresseavisen	42:19,0	48:54,4	**1:31:13,4**	15:01,6
51	Bjørn Hjulstad	Statkraft	42:03,4	49:13,6	**1:31:17,0**	15:05,2
52	Lasse Ervik	BEWI	42:28,7	49:13,9	**1:31:42,6**	15:30,8
53	Erik Daaland	Lerøy Midnor AS	42:14,2	49:33,2	**1:31:47,4**	15:35,6
54	Inge Sandvik	El-Konsult AS	42:03,8	49:48,1	**1:31:51,9**	15:40,1
55	Jonny Sand	Trondos	42:14,0	49:38,3	**1:31:52,3**	15:40,5
56	Terje Solem	Reinertsen AS	42:40,1	50:25,2	**1:33:05,3**	16:53,5
57	Gaute Solem	Reinertsen AS	42:40,7	50:26,8	**1:33:07,5**	16:55,7
58	Herbjørn Hallaren	Marine Harvest Norway	43:10,9	49:56,9	**1:33:07,8**	16:56,0
59	June Rise	Frøya Kommune	42:37,7	50:32,1	**1:33:09,8**	16:58,0
60	Steinar Larsen	Navigator Reklamebyrå	42:26,1	51:01,0	**1:33:27,1**	17:15,3
61	Anders Sletten	Aqualine AS	43:24,8	51:18,3	**1:34:43,1**	18:31,3
62	Roy Angelvik	Lerøy Midnor AS	43:33,8	51:49,4	**1:35:23,2**	19:11,4
63	Ingeborg Reitan Rian	Medicus AS	42:35,9	52:47,4	**1:35:23,3**	19:11,5
64	Ole Jørgen Strand	Lerøy Midnor AS	43:34,2	51:53,9	**1:35:28,1**	19:16,3
65	Jan Olav Halmøy	Entercard Norge AS	43:26,5	52:27,3	**1:35:53,8**	19:42,0
66	Erlend Hårstad	Næringsbygg AS	44:15,3	52:02,0	**1:36:17,3**	20:05,5
67	Stian Espnes	Salmar	43:34,5	52:45,9	**1:36:20,4**	20:08,6
68	Conor Foster	Marine Harvest Norway	44:26,9	51:58,8	**1:36:25,7**	20:13,9
69	Sara Solem	Marine Harvest Norway	44:32,2	51:54,2	**1:36:26,4**	20:14,6
70	Randi Hansen	Frøya Sykehjem	43:51,6	52:37,2	**1:36:28,8**	20:17,0
71	Kaupo Tatrik	Aqualine AS	44:49,8	51:39,5	**1:36:29,3**	20:17,5
72	Tor Hjalmar Knudsen	GK Norge	44:35,9	51:57,5	**1:36:33,4**	20:21,6
73	Hallgeir Berdal	Lerøy Midnor AS	43:46,7	52:50,5	**1:36:37,2**	20:25,4
74	Kjell Fordal	Sparebank1 SMN	44:57,5	51:55,0	**1:36:52,5**	20:40,7
75	Elisabeth Kjønvik	Lerøy Midnor AS	43:16,9	53:37,9	**1:36:54,8**	20:43,0
76	John Arthur Rian	Ceni AS	46:42,3	50:46,1	**1:37:28,4**	21:16,6
77	Thomas Øverly Larsen	Ceni AS	48:24,8	49:04,5	**1:37:29,3**	21:17,5
78	Harry Osvald Hansen	Måsøval Fiskeopdrett	44:21,4	53:40,3	**1:38:01,7**	21:49,9
79	Arild Kjerstad	Havbrukstjenesten AS	44:03,6	53:58,1	**1:38:01,7**	21:49,9
80	Kjell Roger Jensen	Aqualine AS	45:27,4	53:10,6	**1:38:38,0**	22:26,2
81	Steve Klungervik	Wingvax AS	45:09,8	53:31,4	**1:38:41,2**	22:29,4
82	Erik Strand Fjelnset	Lerøy Midnor AS	46:39,9	52:01,6	**1:38:41,5**	22:29,7
83	Stig Inge Volden	Wingvax AS	45:10,2	53:32,2	**1:38:42,4**	22:30,6
84	Hilde Karin Skånøy	Frøya Sykehjem	45:40,1	53:03,1	**1:38:43,2**	22:31,4
85	Ivar Krangsås	Næringsbygg AS	44:15,3	54:32,4	**1:38:47,7**	22:35,9
86	Svein Fjeseth	Tradeway	45:53,2	53:13,1	**1:39:06,3**	22:54,5
87	Anders Sæther	Lerøy Midnor AS	46:38,8	52:57,1	**1:39:35,9**	23:24,1
88	John Fritz Helsø	Lerøy Midnor AS	46:50,0	52:52,0	**1:39:42,0**	23:30,2
89	Gudrun Sæther	Lerøy Midnor AS	47:24,1	52:18,3	**1:39:42,4**	23:30,6
90	Tomm Bøyesen	Sparebank1 SMN	46:59,1	52:45,3	**1:39:44,4**	23:32,6
91	Marit Strøm Mellemsæther	Lerøy Midnor AS	45:13,7	54:30,9	**1:39:44,6**	23:32,8
92	Ole Alexander Rosvoldsve	Marine Harvest Norway	47:34,8	52:37,9	**1:40:12,7**	24:00,9
93	Bjørg Rabben	Sparebank1 SMN	47:34,2	53:11,0	**1:40:45,2**	24:33,4
94	Steffen Waagbø	Wingvax AS	46:11,4	54:38,4	**1:40:49,8**	24:38,0
95	Alf Kvassheim	Rambøll BIL	46:07,3	54:43,3	**1:40:50,6**	24:38,8
96	Espen Tørstad	Entercard Norge AS	47:01,3	53:50,0	**1:40:51,3**	24:39,5
97	Heidi Nilsen	Aqualine AS	47:34,8	53:19,0	**1:40:53,8**	24:42,0
98	Mona Iren Dolmen	Sparebank1 SMN	47:04,1	53:51,8	**1:40:55,9**	24:44,1
99	Randi Fiske	Lerøy Midnor AS	46:40,8	54:39,9	**1:41:20,7**	25:08,9

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Plass	Navn	Klubb	Mellomtid			Tid	Etter
Bedrift							
100	Anders Dyrseth	SES	46:42,1	54:39,8		**1:41:21,9**	25:10,1
101	Rolf Hallvard Furberg	Erviks Laks og Ørret AS	43:28,2	58:06,0		**1:41:34,2**	25:22,4
102	Narve Moe	TMO	49:49,5	51:57,0		**1:41:46,5**	25:34,7
103	Jan Øyvind Røvik	Wingvax AS	46:11,4	55:41,9		**1:41:53,3**	25:41,5
104	Rune Anders Sandvik	SalMar Farming	46:05,0	57:12,5		**1:43:17,5**	27:05,7
105	Anders Haltbakk	Lerøy Midnor AS	45:57,6	57:23,2		**1:43:20,8**	27:09,0
106	Lars Aalmo	Lerøy Midnor AS	47:25,9	56:14,9		**1:43:40,8**	27:29,0
107	John Olav Johansen	Marine Harvest Norway	52:26,3	51:15,7		**1:43:42,0**	27:30,2
108	Tore Eidem	Atea AS	50:16,8	53:31,7		**1:43:48,5**	27:36,7
109	Geir Einar Jakobsen	Strand Oppvekstsenter	47:09,7	56:45,6		**1:43:55,3**	27:43,5
110	Geir Jacobsen	Trondheim	52:29,1	00:10,5	51:26,7	**1:44:06,3**	27:54,5
111	Heidi Meland	TMO	49:52,9	54:19,0		**1:44:11,9**	28:00,1
112	Joar Dahlen	Entercard Norge AS	48:07,5	56:04,9		**1:44:12,4**	28:00,6
113	Marte Rønningen	Rambøll	48:03,9	56:21,8		**1:44:25,7**	28:13,9
114	Stine Ervik	Erviks Laks og Ørret AS	48:07,1	56:19,1		**1:44:26,2**	28:14,4
115	Runar Sivertsen	Salmar	48:15,4	56:11,0		**1:44:26,4**	28:14,6
116	Marius Eidem	Atea AS	50:06,4	54:21,2		**1:44:27,6**	28:15,8
117	Tone Eidem	Atea AS	50:16,6	54:11,1		**1:44:27,7**	28:15,9
118	Torfinn Moe	TMO	48:01,2	56:27,5		**1:44:28,7**	28:16,9
119	Georg Williamsen	Næringsbygg AS	48:13,5	56:18,2		**1:44:31,7**	28:19,9
120	Vidar Skarpnes	Frøya Havbruksservice	46:04,3	59:11,4		**1:45:15,7**	29:03,9
121	Noralf Rønningen	Aqualine AS	47:35,8	57:54,0		**1:45:29,8**	29:18,0
122	Wenche Børø Larsen	Strand Oppvekstsenter	48:00,2	57:33,1		**1:45:33,3**	29:21,5
123	Bo Kristensen	Lerøy Midnor AS	47:38,0	57:57,5		**1:45:35,5**	29:23,7
124	Knut Vestbø	Sparebank1 SMN	48:23,0	57:34,5		**1:45:57,5**	29:45,7
125	Geir Wærø	Salmar	48:47,1	57:18,6		**1:46:05,7**	29:53,9
126	Gunn Heidi Hallaren	Frøya Kommune	49:20,8	57:13,5		**1:46:34,3**	30:22,5
127	Ann-Britt Bogen	Entercard Norge AS	48:18,9	58:18,3		**1:46:37,2**	30:25,4
128	Bjørn Kjelstad	Elkem Thamshavn BIL	49:13,2	57:37,2		**1:46:50,4**	30:38,6
129	Ann Kristin Kjelstad	Elkem Thamshavn BIL	49:13,0	57:37,4		**1:46:50,4**	30:38,6
130	John Arne Skjellfjord	Ceni AS	49:21,1	57:37,9		**1:46:59,0**	30:47,2
131	Reia Larsen	Ceni AS	49:21,3	57:47,3		**1:47:08,6**	30:56,8
132	Kent Hugo Høgås	Næringsbygg AS	48:10,8	58:59,8		**1:47:10,6**	30:58,8
133	Bjørn Gunnar "Berni" Bogø	Aqualine AS	47:16,9	1:00:10,2		**1:47:27,1**	31:15,3
134	Liv Grethe Sivertsen	Sparebank1 SMN	48:44,7	59:05,5		**1:47:50,2**	31:38,4
135	Kristian Kvam	Lerøy Midnor AS	49:01,1	59:00,7		**1:48:01,8**	31:50,0
136	Merete Kjeldstad	Trondheim Fengsel BIL	49:53,9	58:13,0		**1:48:06,9**	31:55,1
137	Anne Merete Tellebon Ulvær	Strand Oppvekstsenter	48:31,6	59:45,9		**1:48:17,5**	32:05,7
138	Elfrid Jobotn	Lerøy Midnor AS	48:51,3	59:51,2		**1:48:42,5**	32:30,7
139	Jenny Svensson	Sistranda Barnehage	47:54,5	1:00:50,7		**1:48:45,2**	32:33,4
140	Line Kristin Skånøy	Rissa Sykehjem	49:16,7	59:54,7		**1:49:11,4**	32:59,6
141	Arild Strøm	Lerøy Midnor AS	49:28,5	59:53,1		**1:49:21,6**	33:09,8
142	Ole Martin Aarvik	Lerøy Midnor AS	49:31,7	1:00:50,0		**1:50:21,7**	34:09,9
143	Hege Aukan	Entercard Norge AS	49:35,6	1:00:59,6		**1:50:35,2**	34:23,4
144	Odd Arve Bekken	Salmar	50:50,0	1:00:13,8		**1:51:03,8**	34:52,0
145	Kåre Bogø	Wingvax AS	49:17,6	1:01:57,6		**1:51:15,2**	35:03,4
146	Gunn Anita Hoff	Lerøy Midnor AS	50:46,4	1:00:31,3		**1:51:17,7**	35:05,9
147	Steinar Fredagsvik	Marine Harvest Norway	49:56,1	1:01:25,1		**1:51:21,2**	35:09,4
148	Birger Nøstvold	Næringsbygg AS	50:28,5	1:00:56,3		**1:51:24,8**	35:13,0
149	Siv Bente Øien	Falck Emergency	51:38,7	1:00:11,8		**1:51:50,5**	35:38,7
150	Evelyn Pettersen	Falck Emergency	51:38,9	1:00:11,7		**1:51:50,6**	35:38,8
151	Ole Moen	Marine Harvest Norway	49:12,6	1:03:46,0		**1:52:58,6**	36:46,8
152	Jade Foster	Marine Harvest Norway	49:29,4	1:03:33,0		**1:53:02,4**	36:50,6
153	Vegard Grande Rabban	Marine Harvest Norway	49:00,2	1:04:19,3		**1:53:19,5**	37:07,7
154	Ståle Sæther	Aqualine AS	50:49,7	1:03:16,7		**1:54:06,4**	37:54,6
155	Åse Eilertsen	Aqualine AS	50:49,2	1:03:20,7		**1:54:09,9**	37:58,1
156	Thomas Grønskag	Entercard Norge AS	51:40,4	1:02:57,1		**1:54:37,5**	38:25,7

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Plass	Navn	Klubb	Mellomtid		Tid	Etter
Bedrift						
157	Trond Haavik Hagen	Wingvax AS	50:53,6	1:04:29,1	**1:55:22,7**	39:10,9
158	Olaf Reppe	Marine Harvest Norway	51:29,2	1:04:09,5	**1:55:38,7**	39:26,9
159	Knut Oddvar Larsen	Renholdsverkets BIL	50:47,9	1:04:53,6	**1:55:41,5**	39:29,7
160	Cecilie Stoum Larsen	Trondheim	50:49,2	1:04:52,6	**1:55:41,8**	39:30,0
161	Scott Foster	Marine Harvest Norway	51:43,6	1:04:46,9	**1:56:30,5**	40:18,7
162	Solveig Gaasø	Marine Harvest Norway	56:05,1	1:00:37,3	**1:56:42,4**	40:30,6
163	Meelis Merdikes	Aqualine AS	50:45,6	1:05:57,0	**1:56:42,6**	40:30,8
164	Kariann Ulvan	Marine Harvest Norway	53:53,7	1:03:01,4	**1:56:55,1**	40:43,3
165	Wenke Jobotn	Lerøy Midnor AS	51:24,4	1:06:33,4	**1:57:57,8**	41:46,0
166	Nordveig Botn	Lerøy Midnor AS	52:37,3	1:05:40,2	**1:58:17,5**	42:05,7
167	Krzysztof Lakomy	Lerøy Midnor AS	51:23,5	1:07:29,9	**1:58:53,4**	42:41,6
168	Eva Ruppeldtova	Lerøy Midnor AS	54:23,1	1:05:29,2	**1:59:52,3**	43:40,5
169	Anette Narmo Hammervold	Marine Harvest Norway	54:37,9	1:05:45,6	**2:00:23,5**	44:11,7
170	Andrine Karstensen	Lerøy Midnor AS	53:27,7	1:07:00,7	**2:00:28,4**	44:16,6
171	Unni Basmo	Entercard Norge AS	55:36,6	1:05:08,4	**2:00:45,0**	44:33,2
172	May Solgaard	Entercard Norge AS	54:11,6	1:07:59,8	**2:02:11,4**	45:59,6
173	Stina Sandvik	Entercard Norge AS	54:50,0	1:10:16,1	**2:05:06,1**	48:54,3
174	Hilde Margrethe Okstad	Team Okstad	55:20,1	1:09:51,9	**2:05:12,0**	49:00,2
175	Vibeke Franck Sehm	Måsøval Fiskeopdrett	56:47,2	1:10:20,9	**2:07:08,1**	50:56,3
176	Linn Aalmo	Strand Oppvekstsenter	54:03,1	1:13:16,5	**2:07:19,6**	51:07,8
177	Sven Amund Fjeldvær	Lerøy Midnor AS	56:41,8	1:11:01,3	**2:07:43,1**	51:31,3
178	Janne Nordmo	Strand Oppvekstsenter	56:56,9	1:10:49,3	**2:07:46,2**	51:34,4
179	Linn Maren Omdal	Havbrukstjenesten AS	55:31,7	1:12:21,6	**2:07:53,3**	51:41,5
180	Line Rønning	Lerøy Midnor AS	55:29,2	1:13:04,1	**2:08:33,3**	52:21,5
181	Ronny Bye	Næringsbygg AS	49:26,6	1:20:52,4	**2:10:19,0**	54:07,2
182	Bjørg Vaagen Jakobsen	Strand Oppvekstsenter	56:33,4	1:14:12,7	**2:10:46,1**	54:34,3
183	Linda Skarpnes	Lerøy Midnor AS	1:00:51,6	1:15:54,8	**2:16:46,4**	1:00:34,6
184	Jorid Solem	Entercard Norge AS	59:14,0	1:18:29,9	**2:17:43,9**	1:01:32,1
185	Joachim Øien	Lerøy Midnor AS	1:00:50,7	1:20:05,4	**2:20:56,1**	1:04:44,3
186	Marianne Frisvold Røe	Entercard Norge AS	1:01:55,6	1:19:44,9	**2:21:40,5**	1:05:28,7
187	Åsne Sannan	Marine Harvest Norway	1:03:19,7	1:21:43,0	**2:25:02,7**	1:08:50,9
188	Edvard Quiring	Lerøy Midnor AS	1:00:01,4	1:25:03,9	**2:25:05,3**	1:08:53,5
189	Siri Ørstavik	Havbrukstjenesten AS	1:02:12,9	1:25:33,8	**2:27:46,7**	1:11:34,9
190	Artur Simões	SES	1:02:23,5	1:32:39,7	**2:35:03,2**	1:18:51,4
191	Vegard Skarsholt Hotvedt	Atea AS	2:41:00,0		**2:41:00,0**	1:24:48,2
192	Yvonne Foster	Marine Harvest Norway	1:09:07,5	1:36:21,9	**2:45:29,4**	1:29:17,6
DNF	Marit Ervik	Sistranda Skole				
Antall	193	Påmeldte: 210		Startende: 196		

Mosjon

1	Ørjan Gullbekkhei	Trondheim	36:51,9	41:50,6	**1:18:42,5**	
2	Stein Roger Løkken	Kvam IL / Timber Team	36:52,9	41:54,5	**1:18:47,4**	00:04,9
3	Håkon Røe	TSK	36:51,7	42:10,9	**1:19:02,6**	00:20,1
4	Morten Hansen	Trondheim	38:03,0	42:35,9	**1:20:38,9**	01:56,4
5	Kjell Guldteig	BØSK	38:04,6	42:34,4	**1:20:39,0**	01:56,5
6	Arve Nordvik	Glåmdal Sykkelkubb	38:04,2	42:35,4	**1:20:39,6**	01:57,1
7	Roar Løkkeberg	Frøya og Hitra	38:04,0	42:35,8	**1:20:39,8**	01:57,3
8	Per Morten Krokdal	Air Liquide Norway AS	38:02,9	42:37,1	**1:20:40,0**	01:57,5
9	Jørgen Bendiksen	Trondheim	38:03,5	42:36,6	**1:20:40,1**	01:57,6
10	Patrick Krupa	Trondheim	38:02,7	42:38,2	**1:20:40,9**	01:58,4
11	Torbjørn Thoresen	Trondheim	38:06,1	42:34,9	**1:20:41,0**	01:58,5
12	Atle Øyan	Trønder-Lyn	38:03,9	42:38,4	**1:20:42,3**	01:59,8
13	Geir Anders Johansen	Heimdal	38:04,5	45:12,8	**1:23:17,3**	04:34,8
14	Terje Johansen	Heimdal	38:04,8	46:07,7	**1:24:12,5**	05:30,0
15	Margrete Kvalvik	Dolmøy	38:06,5	46:16,9	**1:24:23,4**	05:40,9
16	Karl-Henrik Brinch	Proffbygg Midt-Norge	39:44,7	45:19,7	**1:25:04,4**	06:21,9

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Plass	Navn	Klubb	Mellomtid		Tid	Etter
Mosjon						
17	Steinar Wedø	Flatåsen	39:45,2	45:42,8	**1:25:28,0**	06:45,5
18	Karin Høyland	Trondheim	39:06,4	46:24,7	**1:25:31,1**	06:48,6
19	Astrid Mjøen Holstad	Melhus IL	38:06,7	48:16,5	**1:26:23,2**	07:40,7
20	Stig Larsen	Jakobsli	40:00,7	46:22,6	**1:26:23,3**	07:40,8
21	Ragnvald Vollan	Team Fagtak	39:40,5	46:45,3	**1:26:25,8**	07:43,3
22	Rolf Johan Ervik	Løkken IF	39:38,7	46:48,2	**1:26:26,9**	07:44,4
23	Kjell Karlsen	HK Reklamebyrå	40:04,1	46:22,9	**1:26:27,0**	07:44,5
24	Dagfinn Eide	Eidebu	40:14,0	46:14,3	**1:26:28,3**	07:45,8
25	Paul Rusten	Gimse	39:30,6	46:58,3	**1:26:28,9**	07:46,4
26	Snefrid Vollan	sistranda	40:13,6	46:15,3	**1:26:28,9**	07:46,4
27	Birger Sæther	Tiller	40:04,2	46:33,5	**1:26:37,7**	07:55,2
28	Øystein Claussen	Orkanger	39:40,2	47:01,0	**1:26:41,2**	07:58,7
29	Marius Sporsheim	Austrått Sykkelklubb	40:12,6	46:47,5	**1:27:00,1**	08:17,6
30	Eirik Roos	Trondheim Kommune	38:04,2	49:22,4	**1:27:26,6**	08:44,1
31	Bjørn Magne Olsen	Romolslia SK	40:44,7	47:46,3	**1:28:31,0**	09:48,5
32	Per Johan Skorild	Wacker Holla Metall	40:36,6	48:03,2	**1:28:39,8**	09:57,3
33	Terje Sigurdsen	Austrått Sykkelklubb	40:10,5	48:36,5	**1:28:47,0**	10:04,5
34	Arne Ulvan	Knarrlagsund	40:44,7	48:54,0	**1:29:38,7**	10:56,2
35	Knut Pedersen	TVK	42:45,6	47:03,8	**1:29:49,4**	11:06,9
36	Jesper Ervik Mikkelsen	Trondheim	39:53,8	49:57,7	**1:29:51,5**	11:09,0
37	Tom Erik Larsen	Tiller	42:01,8	47:55,7	**1:29:57,5**	11:15,0
38	Svein Ove Enlid	Budal IL	42:09,4	49:20,1	**1:31:29,5**	12:47,0
39	Einar Holstad	Gauldal SK	42:27,5	49:02,9	**1:31:30,4**	12:47,9
40	Jonas Sæther	Trondheim	41:47,6	50:50,5	**1:32:38,1**	13:55,6
41	Jan Arve Skjærli	Romolslia SK	42:28,1	50:17,1	**1:32:45,2**	14:02,7
42	Tore Olsen	Saupstad	42:39,1	50:13,2	**1:32:52,3**	14:09,8
43	Jan Olav Sivertsen	Tiller	42:36,5	50:37,6	**1:33:14,1**	14:31,6
44	Morten Asklund	Team Nerhappu	42:41,0	50:34,9	**1:33:15,9**	14:33,4
45	Vidar Lie	Klæbu	42:55,1	50:48,7	**1:33:43,8**	15:01,3
46	Torkell Wanvik	Heimdal	43:30,1	50:50,9	**1:34:21,0**	15:38,5
47	Halgeir Hansen	Trondheim	43:28,9	51:22,1	**1:34:51,0**	16:08,5
48	Henrik Greve Sandvik	Frøya og Hitra	40:09,3	54:44,6	**1:34:53,9**	16:11,4
49	Kyrre Flatval	Kristiansund	42:45,2	52:17,8	**1:35:03,0**	16:20,5
50	Øyvind Brekstad	Austrått Sykkelklubb	42:30,0	52:54,0	**1:35:24,0**	16:41,5
51	Johnny Hammernes	Capgemini Norge AS	43:23,3	52:07,8	**1:35:31,1**	16:48,6
52	Knut Henry Aaness	Heimdal	44:07,0	51:28,7	**1:35:35,7**	16:53,2
53	Geir Johansen	Miljølaget Vintervoll	43:29,5	52:12,1	**1:35:41,6**	16:59,1
54	Øystein Røe	TSK	43:53,0	51:49,5	**1:35:42,5**	17:00,0
55	Svein Kvalvik	Dolmøy	44:19,4	52:07,9	**1:36:27,3**	17:44,8
56	Hans Otto Bakken	Orkla CK - HOB Konsult	44:17,2	52:18,3	**1:36:35,5**	17:53,0
57	Arne Kristian Sesseng	Kattem	44:23,0	52:12,8	**1:36:35,8**	17:53,3
58	Vetle Kristiansen	Ranheim	44:02,8	52:41,3	**1:36:44,1**	18:01,6
59	Kristin Stølan Sundet	Sandstad	44:24,4	52:21,3	**1:36:45,7**	18:03,2
60	Rune Sandmark	Utleira IL	43:42,8	53:24,1	**1:37:06,9**	18:24,4
61	Jens Røttereng	Trondheim	45:04,5	52:04,8	**1:37:09,3**	18:26,8
62	Jon Anders Ofstad	Orkanger	38:09,1	59:15,2	**1:37:24,3**	18:41,8
63	Arne Sundli	Fannrem	38:08,3	59:16,6	**1:37:24,9**	18:42,4
64	Magnus Bjørgan	MOT	43:28,8	54:00,3	**1:37:29,1**	18:46,6
65	Anne Grete Haugan	Team Völkl	45:19,3	52:12,1	**1:37:31,4**	18:48,9
66	Atle Kristian Strøm	Team Klingerhaugen	45:01,1	52:37,7	**1:37:38,8**	18:56,3
67	Øystein Haavik	Ekkert	45:02,1	52:36,7	**1:37:38,8**	18:56,3
68	Anita Hembre	Stjørdals Blink	45:19,6	52:25,4	**1:37:45,0**	19:02,5
69	Magne Egil Berdal	Ytre Snillfjord Idrettslag	43:13,5	54:33,3	**1:37:46,8**	19:04,3
70	Knut-Ivar Solem	Team Nerhappu	44:13,2	53:34,4	**1:37:47,6**	19:05,1
71	Erland Lervik	CK Ansnes	44:59,7	52:48,8	**1:37:48,5**	19:06,0
72	Kenneth Fredagsvik	sistranda	45:21,1	52:30,9	**1:37:52,0**	19:09,5
73	Nils Jensø	Hitra	45:19,2	52:49,8	**1:38:09,0**	19:26,5

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Plass	Navn	Klubb	Mellomtid		Tid	Etter
Mosjon						
74	Ole Martin Solli	Tanem	38:03,5	1:00:53,6	**1:38:57,1**	20:14,6
75	Anna Mjøen Holstad	Melhus IL	45:36,8	53:46,1	**1:39:22,9**	20:40,4
76	Annette Neverrøsten	Vinjeøra	45:52,1	53:48,2	**1:39:40,3**	20:57,8
77	Vidar Kristiansen	Trondheim	45:03,3	55:01,4	**1:40:04,7**	21:22,2
78	Karin Storholt	Tiller	45:28,6	54:54,5	**1:40:23,1**	21:40,6
79	Torfinn Horn	Team Völkl	45:23,8	55:19,6	**1:40:43,4**	22:00,9
80	Birgitte Martinsen	Trondheim	48:12,5	52:34,3	**1:40:46,8**	22:04,3
81	Monica Hassel Iversen	Trondheim	48:12,4	52:34,7	**1:40:47,1**	22:04,6
82	Kristin Volan	Inderøy IL - sykkel	46:21,6	54:29,7	**1:40:51,3**	22:08,8
83	Birgitte Karlsen	Trondheim	48:55,6	51:57,5	**1:40:53,1**	22:10,6
84	Ståle Ulvan	Ålen	47:19,4	53:38,2	**1:40:57,6**	22:15,1
85	Kaja Herje Bergrem	Klæbu IL	47:29,3	53:29,8	**1:40:59,1**	22:16,6
86	Stig Tande	Hestvika	46:47,8	54:17,8	**1:41:05,6**	22:23,1
87	Bjørge Nilsen	Trondheim	48:12,1	53:06,6	**1:41:18,7**	22:36,2
88	Ivar Hembre	Stjørdals Blink	45:57,4	55:26,0	**1:41:23,4**	22:40,9
89	Anne Karin Hofset	Hemne SK	45:52,3	55:34,1	**1:41:26,4**	22:43,9
90	Elinor Athammer	Knarrlagsund	45:52,1	55:34,5	**1:41:26,6**	22:44,1
91	Bjørg Ingrid Bekken	Frøya og Hitra	48:03,5	53:32,7	**1:41:36,2**	22:53,7
92	Anne Lise Sandø	sistranda	48:04,3	54:42,0	**1:42:46,3**	24:03,8
93	Tor Isdahl	Fosen Vg Skole	47:19,2	55:56,0	**1:43:15,2**	24:32,7
94	Håkon Andrè Hofstad	Klæbu	47:22,3	56:22,2	**1:43:44,5**	25:02,0
95	Jan Helge Kristiansen	Ranheim	46:43,6	57:08,2	**1:43:51,8**	25:09,3
96	Line Mellemsæther	Lundamo	48:25,0	55:58,4	**1:44:23,4**	25:40,9
97	Inger Schei Næss	Sandstad IL	48:20,4	56:04,9	**1:44:25,3**	25:42,8
98	Vanja J. Lie	Klæbu	47:35,6	57:12,1	**1:44:47,7**	26:05,2
99	Tone Nakken	Trondheim	48:16,6	56:41,0	**1:44:57,6**	26:15,1
100	Sondre Moe Andersen	Trondhjems Skøiteklub	47:29,4	58:04,9	**1:45:34,3**	26:51,8
101	Steinar Aasan	Flatåsen	48:30,3	57:07,6	**1:45:37,9**	26:55,4
102	Mikkel Halvorsen	Trondheim	46:47,4	58:58,6	**1:45:46,0**	27:03,5
103	Lasse Wangen	Jessheim	48:28,3	57:35,5	**1:46:03,8**	27:21,3
104	Åse Pettersen Johansen	Frøya IL Håndball	48:00,5	58:25,0	**1:46:25,5**	27:43,0
105	Ole Morten Ellevsen	Heimdal	50:55,4	55:55,8	**1:46:51,2**	28:08,7
106	Bård Skarland	Spongdal	50:50,7	56:44,6	**1:47:35,3**	28:52,8
107	Åshild Sættem	Hitra	49:59,7	57:59,5	**1:47:59,2**	29:16,7
108	Morten Langlete	Rognes	51:24,2	56:55,9	**1:48:20,1**	29:37,6
109	Roar Olsen	Trondheim	47:35,0	1:00:45,4	**1:48:20,4**	29:37,9
110	Kari Mette Busklein	Rognes	51:23,6	57:00,5	**1:48:24,1**	29:41,6
111	Anne Forren Snildalsli	Snildalsli	48:16,0	1:00:13,7	**1:48:29,7**	29:47,2
112	Svein Holm	Norddyrøy	49:28,5	59:51,2	**1:49:19,7**	30:37,2
113	Bjørn Olav Grüner Kvam	Heimdal	50:54,0	58:42,7	**1:49:36,7**	30:54,2
114	Bjørn Hembre	Stjørdals Blink	55:54,9	54:27,8	**1:50:22,7**	31:40,2
115	Marit Dahlø Wærnes	Gauldal SK	51:47,0	58:44,0	**1:50:31,0**	31:48,5
116	Bente Forren Vaagan	Hellandsjøen	48:16,9	1:02:27,8	**1:50:44,7**	32:02,2
117	Britt Kari Pedersen	Team Nerhappu	50:52,7	1:00:48,1	**1:51:40,8**	32:58,3
118	Wenche Mathisen	Tiller	50:50,3	1:00:59,8	**1:51:50,1**	33:07,6
119	Beate Bremnes	Levanger	50:50,2	1:00:59,9	**1:51:50,1**	33:07,6
120	Gurli Øyangen	Trondheim	51:00,6	1:01:07,6	**1:52:08,2**	33:25,7
121	Elisabeth Dale Røttereng	Jakobsli	51:31,3	1:00:52,5	**1:52:23,8**	33:41,3
122	Bente Faaness	Elkem Thamshavn BIL	52:11,8	1:00:24,7	**1:52:36,5**	33:54,0
123	Anny Løkkeberg	Trondheim	52:34,1	1:00:07,7	**1:52:41,8**	33:59,3
124	Atle Andre Tronstad	Team Nerhappu	52:36,7	1:00:06,0	**1:52:42,7**	34:00,2
125	Lillian Holm	Norddyrøy	52:34,7	1:00:25,5	**1:53:00,2**	34:17,7
126	Kristoffer Gaasø	Norddyrøy	52:52,2	1:00:36,0	**1:53:28,2**	34:45,7
127	Monika Aunøien	Dolmøy	51:49,3	1:01:40,2	**1:53:29,5**	34:47,0
128	Bente Lindstrøm	Knarrlagsund	52:35,1	1:01:14,8	**1:53:49,9**	35:07,4
129	Sissel Aasan	Flatåsen	50:37,6	1:04:31,5	**1:55:09,1**	36:26,6
130	Linda Elisabeth Veslum Løkken	Bring Cargo AS	51:46,7	1:03:27,8	**1:55:14,5**	36:32,0

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Plass	Navn	Klubb	Mellomtid		Tid	Etter
Mosjon						
131	Ingrid Bakk	Fannrem	52:58,2	1:03:25,8	**1:56:24,0**	37:41,5
132	Finn Arne Blomsø	Brekstad	53:40,8	1:03:09,8	**1:56:50,6**	38:08,1
133	Bjørn Rønning	Hestvika	51:59,7	1:04:53,8	**1:56:53,5**	38:11,0
134	Monica Husby	Regnskapsforum	54:28,0	1:02:33,4	**1:57:01,4**	38:18,9
135	Astrid Bakk	Fannrem	52:58,8	1:04:05,7	**1:57:04,5**	38:22,0
136	Janne Merethe Falmår	Trondheim	53:03,8	1:05:02,9	**1:58:06,7**	39:24,2
137	Kato Vassdahl	Vikhammer	55:34,6	1:02:54,5	**1:58:29,1**	39:46,6
138	Beate Kristiansen	Ranheim	54:40,5	1:03:50,9	**1:58:31,4**	39:48,9
139	Vebjørn Kynø	Eidsnes	50:26,4	1:08:17,2	**1:58:43,6**	40:01,1
140	Merete Mihle Hansen	Team Nerhappu	53:15,3	1:05:51,8	**1:59:07,1**	40:24,6
141	Merete Ydstie	Optimera	53:40,3	1:05:26,9	**1:59:07,2**	40:24,7
142	Kristin Strand	Optimera	53:40,3	1:05:27,5	**1:59:07,8**	40:25,3
143	Randi Schrøen	Trondheim	51:59,8	1:07:08,2	**1:59:08,0**	40:25,5
144	Bjørn Arve Steinveg	Hemne SK	53:51,2	1:05:39,3	**1:59:30,5**	40:48,0
145	Anne S Steinveg	Hemne SK	53:51,2	1:05:43,8	**1:59:35,0**	40:52,5
146	Marianne Samdahl	Hitra	53:41,2	1:06:05,0	**1:59:46,2**	41:03,7
147	Rikhard Falkenberg	Hitra IL	51:42,3	1:09:08,1	**2:00:50,4**	42:07,9
148	Otto Falkenberg	Frøya Kommune	52:05,8	1:08:54,2	**2:01:00,0**	42:17,5
149	Anita Espnes	Dyrvik	53:40,7	1:07:46,4	**2:01:27,1**	42:44,6
150	Asbjørn Eilertsen	Heimdal	56:44,8	1:04:42,7	**2:01:27,5**	42:45,0
151	Bente Lervold Werkland	Tiller	53:40,1	1:08:39,7	**2:02:19,8**	43:37,3
152	Randi Fjellheim	NOTEAM	53:33,7	1:09:49,4	**2:03:23,1**	44:40,6
153	Terje Svendsen	Norddyrøy	54:34,6	1:09:03,0	**2:03:37,6**	44:55,1
154	Anita Enlid	Budal IL	56:39,6	1:06:58,1	**2:03:37,7**	44:55,2
155	Britt Marie Hustad	Team Völkl	56:53,4	1:06:52,2	**2:03:45,6**	45:03,1
156	Oddvar Olsen	Melhus	53:58,3	1:10:01,8	**2:04:00,1**	45:17,6
157	Kristin Sollie	Gauldal SK	56:01,6	1:08:06,7	**2:04:08,3**	45:25,8
158	Bertil Sletta	Gauldal SK	55:56,9	1:08:11,4	**2:04:08,3**	45:25,8
159	Mette Harriet Berntsen	Trondheim	55:20,1	1:09:42,9	**2:05:03,0**	46:20,5
160	Tone Wold	Nidaros sykkelklubb	56:13,9	1:08:50,0	**2:05:03,9**	46:21,4
161	Øivind Andersen	Trondhjems Skøiteklub	56:22,8	1:08:47,9	**2:05:10,7**	46:28,2
162	Kalairasan Seenithamby	Trondheim	54:08,0	1:11:36,5	**2:05:44,5**	47:02,0
163	Mona Torgersen	Trondheim	54:07,9	1:11:36,6	**2:05:44,5**	47:02,0
164	Daniel Sørforslid	Team Vikabu	57:08,3	1:10:44,8	**2:07:53,1**	49:10,6
165	Ken Ronny Sivertsen	sistranda	56:03,7	1:12:19,2	**2:08:22,9**	49:40,4
166	Tor Håkon Noorland	Oslo	55:01,8	1:13:35,6	**2:08:37,4**	49:54,9
167	Marit Morken	Ålen	58:19,1	1:10:25,4	**2:08:44,5**	50:02,0
168	Eva Falch	Vikhammer	58:39,6	1:10:25,8	**2:09:05,4**	50:22,9
169	Hanna Knutshaug Ervik	CK Ansnes	57:06,3	1:12:07,6	**2:09:13,9**	50:31,4
170	Marit Knutshaug Ervik	CK Ansnes	57:06,8	1:12:07,5	**2:09:14,3**	50:31,8
171	Kari Husteli Kristiansen	Trondheim	57:48,9	1:11:41,7	**2:09:30,6**	50:48,1
172	Camilla Fikse	Trondheim	59:45,9	1:10:09,8	**2:09:55,7**	51:13,2
173	Marianne Klungervik	Snillfjord	59:20,8	1:10:38,2	**2:09:59,0**	51:16,5
174	Solfrid Kjøren	Snillfjord	59:20,7	1:10:38,6	**2:09:59,3**	51:16,8
175	Helge Akseth	Trondheim	57:08,1	1:12:51,5	**2:09:59,6**	51:17,1
176	Wenche Snilldalsli Wuttudal	Snillfjord	59:21,6	1:10:38,1	**2:09:59,7**	51:17,2
177	Markus Indergård Holm	Trondheim	58:17,6	1:11:51,8	**2:10:09,4**	51:26,9
178	Else-Karin Indergård	Trondheim	58:18,2	1:11:52,9	**2:10:11,1**	51:28,6
179	Tine Christin Eikevik	Elkem Thamshavn BIL	59:13,0	1:12:06,1	**2:11:19,1**	52:36,6
180	Marianne Skaug	Team Vikabu	58:43,0	1:14:12,7	**2:12:55,7**	54:13,2
181	Linda Kvalvik Woldstad	Stjørdal	58:43,2	1:16:00,7	**2:14:43,9**	56:01,4
182	Mette Hoøy	NOTEAM	59:20,2	1:15:47,4	**2:15:07,6**	56:25,1
183	Tuva Fredagsvik Bremnes	Frøya IL	59:11,6	1:16:02,6	**2:15:14,2**	56:31,7
184	Amanda Andersson	Frøya IL	59:12,0	1:16:02,3	**2:15:14,3**	56:31,8
185	Marta Haugan	Malvik	1:01:35,4	1:14:19,6	**2:15:55,0**	57:12,5
186	Anne M Grønvik Schupbach	sistranda	1:00:43,5	1:15:31,3	**2:16:14,8**	57:32,3
187	Steinar Schrødter	Trondheim	1:00:00,6	1:16:21,3	**2:16:21,9**	57:39,4

Resultatliste

Tour de Frøya 2011

Sistranda 28.05.2011

Plass	Navn	Klubb	Mellomtid	Tid	Etter
Mosjon					
188	Danijela Jeremic	Lotus Klinikk	59:23,8 1:18:38,2	**2:18:02,0**	59:19,5
189	Susanne Leseth	NOTEAM	1:00:29,8 1:17:33,5	**2:18:03,3**	59:20,8
190	Wenche Olden Moen	Oksvoll	1:00:49,9 1:21:12,6	**2:22:02,5**	1:03:20,0
191	Tove Avløs	Trondheim	1:03:02,0 1:21:58,9	**2:25:00,9**	1:06:18,4
192	Randi Strand	Team Nerhappu	1:07:52,1 1:30:33,1	**2:38:25,2**	1:19:42,7
193	Erik Meltzer	Trondheim	1:13:33,5 1:32:58,0	**2:46:31,5**	1:27:49,0
194	Camilla Rasmussen	NOTEAM	1:07:20,5 1:44:15,0	**2:51:35,5**	1:32:53,0
195	Tonje Fillan	Hovin	1:08:27,5 1:43:09,7	**2:51:37,2**	1:32:54,7
196	Jørgen Stensrud	Strømmen	1:12:36,0 1:41:37,0	**2:54:13,0**	1:35:30,5
197	Monika Fillan	Heimdal	1:39:49,0 1:38:04,9	**3:17:53,9**	1:59:11,4
DNF	Nils Arne Sletvold	Orkanger			
DNF	Magnhild Ekren	Leinstrand IL			
DNF	Pål Jacob Ekren	Leinstrand IL			
DNF	Kristian Kvalvik	Hitra			
DNF	Anna Kristoffersen	Hamarvik			
DNF	Ola Fillan	Heimdal	1:39:53,1 29:45,4		
DNF	Johnny Larsen	Rambøll	38:04,0 1:35:32,9	**2:13:36,9**	
DNF	Ståle Helmersen	Trondheim	3:01:01,9	**3:01:01,9**	

Antall 205 Påmeldte: 219 Startende: 205